

Bringing the Sea To You!

PLASTIC DIARY

Use the table to record the plastic you use in a day or week

	ITEM/ USE	WAS IT REUSED? HOW?	COULD IT BE REUSED?	IS THERE AN ALTERNATIVE? WHAT IS IT?	TOTAL PLASTIC ITEMS
PLASTIC BOTTLES water, fizzy drinks etc.	<i>eg. Coke bottle</i>	<i>eg. No - thrown in recycling</i>	<i>Yes</i>	<i>Yes, a can</i>	
PLASTIC PACKAGING packed lunch, tuck shop, stationary, games etc.					
PLASTIC STRAWS					
PLASTIC BAGS school, shops etc.					
				TOTAL	

Did you know?

One month's supply of **BOTTLED** water costs around **\$116**. The same amount of **TAP** water costs **21c!!!** NOT TO MENTION THE DAMAGE THE BOTTLE CAUSES AFTER IT'S BEEN USED!

REFUSE - REUSE - RECYCLE

